

Jonathan Herbert D.C.

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(218) 727-3343

EDUCATION

<i>Logan College of Chiropractic</i> Doctor of Chiropractic	2007
<i>Washington and Jefferson College</i> B.S. Biology	2004

PROFESSIONAL DEVELOPMENT

How to perform a Comprehensive Examination of the Central Nervous System	June 2017
Imaging of Facial and Skull Trauma	October 2017
Tumor-like Lesions of Bone	October 2017
Osteoporosis	October 2017
Professional Boundaries and Misconduct	October 2017
Introduction to Ethical Billing Practices	November 2017
Risk Management Focus: Current Topics in Chiropractic Risk Management	February 2018
Identifying the Most Common Neurodegenerative Diseases and Clinical Applications	October 2018
Lumbar Differential Assessment	November 2018
Nutritional Response Therapy	January 2019
Cervical Differential Assessment	March 2019
Peripheral Vestibular Disorder and Cerebellum Disorders with Applications	June 2019
Central Vestibular and Cerebellum Disorders with Applications	September 2019
IAFNR 2019 Functional Neurology Conference	October 2019
Basal Ganglia and Hypokinetic Disorders with Applications	December 2019
The Development and Aging of the Brain	February 2020
Basal Ganglia and Hyperkinetic Disorders with Applications	March 2020
How to perform a Comprehensive Examination of the Peripheral Nervous System	April 2020
Dan Dock Whiplash Injuries 2020	May 2020
IAFNR 2020 Functional Neurology Conference	October 2020
Concussion Certificate (IAFNR)	October 2020
Clinical Practice and Thoracic/Lumbar Symptoms	March 2021
ICAK-USA 2021	July 2021
Motion Segment Dysfunction and Correction and the Applied Kinesiology Approach	July 2021
IAFNR 2021 Functional Neurology Conference	October 2021
Neuroinflammation Clinical Strategies and Treatment Applications	March 2022
Sciatica and Differential Diagnosis Webinar	March 2022
Gastrointestinal Clinical Strategies and Treatment Applications	April 2022
ICAK-USA 2022	July 2022
Brain Body Neuroplasticity	October 2022
IAFNR 2022 Functional Neurology Conference	October 2022
Neck Pain, Headaches, and Dizziness Webinar	March 2023

PROFESSIONAL EXPERIENCE

Northland Applied Kinesiology

Owner

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Provide natural care for patients with health problems that have not been successfully treated through other means of health care.

**February 2011-
Present**

Applied Kinesiology Center of Los Angeles

Associate

2990 S. Sepulveda Blvd, Ste. 203
Los Angeles, CA 90064
310-445-3350

Treated patients with chronic and complex health problems using chiropractic care, Applied Kinesiology, Retained Primitive Reflex Integration, Interactive Metronome Training, clinical nutrition, and laboratory testing. Currently working with children suffering with developmental disabilities and attention problems and adults with digestive, hormonal, and chronic pain problems. Educating the community by providing classes to gyms and Whole Foods Markets in West Los Angeles and speaking annually at UCLA for the National Youth and Leadership Forum on Medicine.

**February 2008-
January 2011**

The Lumbar Yard

Associate

2201 Lakewood Blvd, Ste E
Long Beach, CA 90815
562-961-7660

Treating common health problems naturally using chiropractic care, Applied Kinesiology, and Retained Primitive Reflex Integration. Educating through programs directed toward preventative healthcare and using natural care, proper diet, and exercise.

**February 2009-
January 2011**

TEACHING EXPERIENCES

Applied Kinesiology Center of Los Angeles

Chiropractor

Provide monthly educational presentations at multiple Whole Foods Markets explaining basic human physiology and health care.

Educational presentations include:

- Your Food can cause Your Illness
- Skin Care that Hurts
- Organic Shopping on a Budget
- Getting the most from your Vitamins
- Staying Sweet without the Sugar
- Sunscreen that Burns
- Reversing and Preventing Childhood Obesity
- Natural Treatments for Autism and ADHD
- Easy Tips for a Healthy Summer

February 2008-January 2010

Logan College of Chiropractic

Peer Tutor

Tutored peers in subjects of biochemistry, physiology, anatomy, and Applied Kinesiology. Provided after-hours tutoring for peers of various levels of education.

September 2004 – December 2007

Applied Kinesiology Club Leader**December 2006 – December 2007**

Headed the club that introduced and taught Applied Kinesiology to up-coming chiropractors. Met twice a week to develop skills of the beginners and introduce new research and information to those with more experience.

PUBLISHED RESEARCH

Xin Ye, Reshma Acharya, Jonathan B. Herbert, Sarah E. Hamilton, and Hans G. Folkesson

IL-1 β stimulates alveolar fluid absorption in fetal guinea pig lungs via the hypothalamus-pituitary-adrenal gland axis

Am J Physiol Lung Cell Mol Physiol 286: L756-L766, 2004. First published
doi:10.1152/ajplung.00214.2003
